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John van Weenen OMT MBE (born August 26, 'For services to the children of The Autobiography of John Van Weenen 8th Dan (2004) *Karate for Children: Vol 1*

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Ceska karate

At that time the club was a member of the Traditional Association of Shotokan Karate (TASK, Bedford), with Chief Instructor Sensei John Van Weenen.

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John van weenen (author of the beginner's guide

John Van Weenen is the author of The Beginner's Guide to Shotokan Karate (4.00 avg rating, 6 ratings, 0 reviews,

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About - bushido karate uk

Lawrence Elcock began his Karate training in Bedford with Shotokan instructor at the time Sensei John Van Weenen who later Karate Kihon (Basics)

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Kevin stark - karate cosmos wiki

Sensei Stark is the founder and chief instructor of The Association of Traditional Shotokan Karate Karate club run by Sensei John Van Weenen. Van Weenen for

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A detailed resource on Shotokan Karate for the Central Federation of Traditional Shotokan Karate. Adults & children (over 6 yrs) welcome.