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### **Dina matty's bio - pulse pilates & fitness gold**

British Australian Dina Matty Certified Personal Trainer with American Council Of Exercise; "The Authentic Way" DVD and book, "Pilates with the Magic Circle

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### **Schedule - paa conference 2015**

Schedule Pre Conference Day 22nd October. Pilates and Meridian exercises Dav Cohen. 10.30am: Magic Circle: Dina Matty.